

Kenningtons Primary Academy Menu - Week 1

Option 1

Option 2

Option 3

Dessert

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Chilli Sweetcorn & Spring Onion Quesadilla served with a Mexican Bean Salad	Home Made Pork Sausage Roll served with Herby Diced Potatoes and Baked Beans	Zingy Peri Peri Chicken Thigh served with Savoury Vegetable Rice and Corn on the Cob	Italian Style Beef Bolognese with Wholemeal Penne Pasta served with Steamed Broccoli & Carrots	MSC Fish Fingers served with Chips & Peas or Baked Beans
Option 2	Tri-Colour Pepper & Cheese Stack Wrap served with a Tomato and Basil Salad	Home Made Vegan Sausage Roll served with Herby Diced Potatoes and Baked Beans	BBQ Boston Beans served with Savoury Vegetable Rice and Corn on the Cob	Cannellini Bean, Tomato & Red Pepper Pasta Bake served with Steamed Broccoli & Carrots	Quorn Dippers served with Chips and Peas or Baked Beans
Option 3	Jacket Potato served with a Selection of Fillings	Cheese, Ham or Egg Mayonnaise Wrap served with Mixed Salad	Cheese, Ham or Tuna Mayonnaise Baguette served with Mixed Salad	Jacket Potato served with a Selection of Fillings	Cheese, Ham or Egg Mayonnaise Wrap served with Mixed Salad
Dessert	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or Fruit Shortbread	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or Iced Ginger Cake	Freshly Cut Fruit or Frozen Yoghurt

W/C - 15th April, 6th May, 3rd June, 24th June, 15th July, 2nd September, 23rd September and 14th October

Our fish is Marine Stewardship Council approved. All Desserts are Reduced Sugar where possible

Available Daily...
Wholemeal Bread
Choice of Salads
Water



This QR code can be read by any barcode scanner app on your smart phone to access the allergen and nutritional data.

ASHLYNS
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Kenningtons Primary Academy Menu - Week 2

Option 1

Option 2

Option 3

Dessert

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Korma served with Rice and Toasted Pitta Slices	Pizza Extravaganza A Variety of Pizza toppings including	Roast Chicken Thigh served with Roast Potatoes, Seasonal Vegetables & Gravy	Italian Style Pork Meatballs in a Tangy Tomato Sauce served with Wholemeal Penne Pasta, Peas & Sweetcorn	MSC Fish Fingers served with Chips & Peas or Baked Beans
Sweet Potato and Lentil Korma served with Rice and Toasted Pitta Slices		Cheese & Tomato Pepperoni Cheese & Pepper Served with a Mixed Salad	Vegetable & Lentil Roast served with Roast Potatoes, Seasonal Vegetables & Gravy	Vegetarian Meatballs in a Tangy Tomato Sauce served with Wholemeal Penne Pasta, Peas & Sweetcorn
Cheese, Ham or Egg Mayonnaise Wrap served with Mixed Salad	Jacket Potato served with a Selection of Fillings	Cheese, Ham or Tuna Mayonnaise Baguette served with Mixed Salad	Jacket Potato served with a Selection of Fillings	Cheese, Ham or Egg Mayonnaise Wrap served with Mixed Salad
Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or Oat Cookies	Freshly Cut Fruit or Organic Fruit Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or Iced Carrot Cake	Freshly Cut Fruit or Organic Fruit Yoghurt or Soft Scoop Ice Cream

W/C - 22nd April, 13th May, 10th June, 1st July, 22nd July, 9th September, 30th September and 21st October

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Available Daily...
Wholemeal Bread
Choice of Salads
Water



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Kenningtons Primary Academy Menu - Week 3

Option 1

Leek Macaroni Cheese served with a Broccoli, Carrot and Green Bean Medley

Option 2

Tomato, Chickpea & Pepper Pasta Bake served with a Broccoli, Carrot & Green Bean Medley

Option 3

Jacket Potato served with a Selection of Fillings

Dessert

Freshly Cut Fruit
or
Organic Fruit Yoghurt

Tuesday

Chicken Chow Mein served with a Vegetable Spring Roll

Vegetable & Haricot Bean Chow Mein served with a Vegetable Spring Roll

Cheese, Ham or Egg Mayonnaise Wrap served with Mixed Salad

Freshly Cut Fruit
or
Organic Fruit Yoghurt
or
Chocolate Brownie

Wednesday

Roast Turkey with Sage & Onion Stuffing served with Roast Potatoes, Seasonal Vegetables & Gravy

Cheese & Potato Whirl served with Roast Potatoes, Seasonal Vegetables & Gravy

Cheese, Ham or Tuna Mayonnaise Baguette served with Mixed Salad

Freshly Cut Fruit
or
Organic Fruit Yoghurt

Thursday

Beef Chilli Nachos served with a Mexican Sweetcorn Salsa

Rainbow Chilli and Kidney Bean Nachos served with a Mexican Sweetcorn Salsa

Jacket Potato served with a Selection of Fillings

Freshly Cut Fruit
or
Organic Fruit Yoghurt
or
Oat Flapjack

Friday

MSC Fish Fingers served with Chips, Peas or Baked Beans

Vegetable Burger served with Chips peas or Baked Beans

Cheese, Ham or Egg Mayonnaise Wrap served with Mixed Salad

Freshly Cut Fruit
or
Organic Fruit Yoghurt
or
Soft Scoop Ice Cream

W/C - 29th April, 20th May, 19th June, 8th July, 16th September and 7th October

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Available Daily...
Wholemeal Bread
Choice of Salads
Water



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