

Kenningtons Primary Academy Menu - Week 1

Option 1

Cajun Chicken Pasta
Bake served with Roasted
Vegetables

Pepperoni Pizza served with
Herby Diced Potatoes and
Garden Peas

Roast Turkey with Stuffing
served with Roast Potatoes,
Seasonal Vegetables &
Gravy

Beef Chilli & Nachos served
with Mexican Rice &
Sweetcorn

MSC Fish Fingers served
with Chips & Peas or
Baked Beans

Option 2

Cajun Lentil & Tomato
Pasta Bake served with
Roasted Vegetables

Cheese & Tomato Pizza
served with Herby Diced
Potatoes and Garden Peas

Cheese & Potato Puff
served with Roast Potatoes,
Seasonal Vegetables &
Gravy

Rainbow Vegetable & Bean
Chilli with Nachos served
with Mexican Rice &
Sweetcorn

Vegan Quorn Sausage
served with Chips and
Peas or Baked Beans

Option 3

Cheese, Ham or Tuna
Mayonnaise Baguette
served with Carrot &
Cucumber Sticks

Jacket Potato served with a
Selection of Fillings

Cheese, Ham or Egg
Mayonnaise Wrap served
with Tortilla Chips

Jacket Potato served with a
Selection of Fillings

Cheese, Ham or Tuna
Baguette served with
Carrot & Cucumber Sticks

Dessert

Freshly Cut Fruit
or
Organic Fruit Yoghurt

Freshly Cut Fruit
or
Organic Fruit Yoghurt
or
Lemon Shortbread

Freshly Cut Fruit
or
Organic Fruit Yoghurt

Freshly Cut Fruit
or
Organic Fruit Yoghurt
or
Jam & Coconut Sponge with
Custard

Freshly Cut Fruit
or
Frozen Yoghurt

W/C - 3rd November, 24th November, 15th December, 19th January, 9th February, 9th March

Our fish is Marine Stewardship Council approved. All Desserts are Reduced Sugar where possible

Available Daily...
Wholemeal Bread
Choice of Salads
Water



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allergen information

ASHLYNS

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Kenningtons Primary Academy Menu - Week 2

Option 1

Macaroni Cheese served with Garlic Bread & Mixed Salad

Option 2

Lentil & Tomato Pasta Bake served with Garlic Bread & Mixed salad

Option 3

Cheese, Ham or Tuna Mayonnaise Wrap served with Tortilla Chips

Dessert

Freshly Cut Fruit or Organic Fruit Yoghurt

Tuesday

Mild Chicken Curry served with Basmati Rice, Naan Bread & Green Beans

Sweet Potato, Spinach & Lentil Dahl served with Basmati Rice, Naan Bread & Green Beans

Jacket Potato served with a Selection of Fillings

Freshly Cut Fruit or Organic Fruit Yoghurt or Chocolate Cookie

Wednesday

Roast Chicken & Yorkshire pudding served with Roast Potatoes, Seasonal Vegetables & Gravy

Autumn Squash & Butter Bean Stew served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Gravy

Cheese, Ham or Egg Mayonnaise Baguette served with Carrot & Cucumber Sticks

Freshly Cut Fruit or Organic Fruit Yoghurt

Thursday

Italian Beef Bolognese served with Wholemeal Penne Pasta & Sweetcorn

Chickpea & Tomato Bolognese served with Wholemeal Penne Pasta & Sweetcorn

Jacket Potato served with a Selection of Fillings

Freshly Cut Fruit or Organic Fruit Yoghurt or Apple Crumble & Custard

Friday

MSC Fish Fingers served with Chips & Peas or Baked Beans

Cheese & Potato Whirl served with Chips, Peas or Baked Beans

Cheese, Ham or Tuna Wrap served with Tortilla Chips

Freshly Cut Fruit or Organic Fruit Yoghurt or Ice Cream

W/C - 10th November, 1st December, 5th January, 26th January, 23rd February, 16th March,

Our fish is Marine Stewardship Council approved. All Desserts are Reduced Sugar where possible

Available Daily...
Wholemeal Bread
Choice of Salads
Water



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Kenningtons Primary Academy Menu - Week 3

Option 1

Beef Burger in a Bun served with Seasoned Potato Wedges & Baked Beans

Option 2

Meat Free Burger in a Bun served with Seasoned Potato Wedges & Baked Beans

Option 3

Cheese, Ham or Tuna Mayonnaise Wrap served with Tortilla Chips

Dessert

Freshly Cut Fruit or Organic Fruit Yoghurt

Tuesday

Tomato & Chickpea Pasta Bake served with Garlic Bread & Sweetcorn

Salmon & Tomato Wholemeal Pasta Bake served with Garlic Bread & Sweetcorn

Jacket Potato served with a Selection of Fillings

Freshly Cut Fruit or Organic Fruit Yoghurt or Fruit Flapjack

Wednesday

Ashlyns Pork Sausage served with Creamy Mashed Potatoes Medley of Vegetables & Onion Gravy

Vegan Quorn sausage served with Creamy Mashed Potatoes Medley of Vegetables & Onion Gravy

Cheese, Ham or Egg Mayonnaise Baguette served with Carrot & Cucumber Sticks

Freshly Cut Fruit or Organic Fruit Yoghurt

Thursday

Jerk Chicken served with Jollof Rice & Green Beans

Mixed Bean Jamaican Pattie served with Jollof Rice & Green Beans

Jacket Potato served with a Selection of Fillings

Freshly Cut Fruit or Organic Fruit Yoghurt or Fruit Jelly

Friday

MSC Fish Fingers served with Chips, Peas or Baked Beans

Quorn Dippers served with Chips, Peas or Baked Beans

Cheese, Ham or Tuna Mayonnaise Wrap served with Tortilla Chips

Freshly Cut Fruit or Organic Fruit Yoghurt or Ice Cream

W/C - 17th November, 8th December, 12th January, 2nd February, 2nd March, 23rd March

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Available Daily...
Wholemeal Bread
Choice of Salads
Water



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