

PSHE

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year N	Skills taught through play 'in the moment'					
Year R Child-led activities within theme 1x week	Colour Monster work – introduction of feelings board Chimp habits: smiling, saying sorry, being kind, talking about feelings Investors in pupils work	Chimp habits: asking for help, having good manners, trying new things, no means no, sharing, oral health (dentist visit) Investors in pupils RSE links	Investors in pupils Chimp: do what you have to do, germs & handwashing, hygiene, my T-rex has a toothache (oral hygiene), healthy screen time, stranger danger	Healthy eating, exercise, importance of sleep, mindfulness/healthy mind Investors in pupils	Road Safety Consolidation	Colour Monster work – introduction of feelings board Chimp habits: smiling, saying sorry, being kind, talking about feelings RSE links
Taught through circle time and stories about feelings such as Sharing a Shell, Elmer, Behaviour Matters series. Additionally, social skills are taught 'in the moment' during activity times						
Year 1	What is the same and different about us? RSE link	Who is special to us? RSE link	What helps us stay healthy?	What can we do with money?	Who helps to keep us safe?	How can we look after each other and the world? RSE link
Year 2	What makes a good friend? RSE link	What is bullying? RSE link	What jobs do people do?	What helps us to stay safe? RSE link	What helps us to grow and stay healthy?	How do we recognise our feelings? RSE link
Year 3	How can we be a good friend? RSE link	What keeps us safe? RSE link	What are families like? RSE link	What makes a community? RSE link	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?
Year 4	What strengths, skills and interests do we have?	How do we treat each other with respect? RSE link	How can we manage our feelings?	How do we change and grow? RSE link	How can our choices make a difference to others and the environment?	How can we manage risk in different places? RSE link
Year 5	What makes up a person's identity? RSE link	What decisions can people make with money?	How can we help in an accident or emergency?	How can friends communicate safely? RSE link	How can drugs common to everyday life affect health?	What jobs would we like?
Year 6	How can we keep healthy as we grow? RSE link		How can the media influence people?		What will change as we become more independent? How do friendships change as we grow? RSE link	

RSE links highlighted in **purple**

Investors in pupils class target, individual targets and induction book to be completed the first couple of weeks of Autumn 1 and targets to be reviewed in first week of spring 1 and summer 1.

One lesson each half term to be mindfulness.

Key:
Health and Wellbeing
Relationships
Living in the Wider World