



# Kenningtons Primary Academy



Spring Term Newsletter 13th January 2017

[www.kenningtonprimaryacademy.co.uk](http://www.kenningtonprimaryacademy.co.uk)

## Dates to Remember

**16th January 2017** - After school clubs start

**20th January 2017** - Year 3/4 sports hall athletics @Hassenbrook

**1st February 2017** - 'Brilliant Club' Graduation

**1st February 2017** - Reception 'Life Long Ago' Dinosaur Event (In-School Event)

**7th February 2017** - E-Safety Day (In school event)

**7th February 2017** - 'O2 Young Voices' (By invitation)

**9th February 2017** - Democracy Day (In-School Event)

**9th February 2017** - Year 5/6 sports hall athletics @Basildon Sporting Village

**10th February 2017** - Red & Pink non-uniform day (£1 donation for charity)

**13th February 2017 - 17th February 2017** - Half term break

**20th February 2017** - Non-pupil inset day

**21st February 2017** - Start of Spring Term 2 / Pupils return to school

## Parent Drop In Sessions

Teachers will hold their next Parent Drop In sessions from 3:15pm-4:00pm after the half-term holiday on the days specified below:

**Kookaburra / Koala - Tuesday 17th January**

**1M / 1K - Monday 16th January**

**2Ma - Thursday 19th January**

**3SB- Monday 16th January**

**4C - Tuesday 17th January**

**5J - Tuesday 17th January**

**Year 6 (6K/6N) - Tuesday 17th January**

Please check the newsletter next Friday for details of Parent Drop In Sessions w/c 23rd January 2017.

## Who has won the Attendance Trophy this week?

Our winners of the Attendance Trophy this week are **2BW** with 95.8% attendance in KS1 and **4C** with 98.3% attendance in KS2.

Well done to our winning classes. Good luck for next week everyone!



## Weather Notices & Other Announcements

As the weather becomes more unpredictable, please ensure that your ParentMail details are up to date so that we can contact you with any notices.

Please be aware that **you will need to manually update** your details on ParentMail if you change phone number or email address as the school office do not have access to your ParentMail account to do this for you.

The school also has a Twitter account (**@KenningtonsPA**) and Facebook account (**Kenningtons Primary Academy**) for announcements.



*Helping children to get better and better at everything they do*



### School Dinners - Thursday/Friday

This coming week we will be swapping the Thursday and Friday School Dinner.

#### **Thursday Dinner 19th January will be:**

Crispy Fish & Chips  
Cheesy Bread Whirl with Chips  
Baked Beans  
Crunchy Light Coleslaw

Chocolate Sultana Crispie.

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#### **Friday Dinner 20th January will be:**

Mild Mexican Chilli with Rice  
Chow Mein with Noodles  
Tomato Salsa  
Sweetcorn

Banana & Sticky Toffee Pudding with Custard

## **#SOCIALMEDIA - *find out the risks***

What sites are your children using?

Who are they talking to?

Will they meet them?



**SAVE THE DATES!**

28th February 2017 - 10:00AM till 13:00PM

Venue to be confirmed

For more information and to book on this FREE event  
visit [www.thurrocklscb.org.uk](http://www.thurrocklscb.org.uk)

**THURROCK LOCAL  
SAFEGUARDING  
CHILDREN BOARD**



### The Health Spot: Healthy and Nutritious Packed Lunches

A good packed lunch is really important to help pupils refuel for their afternoon learning. A healthy packed lunch should include:

- **starchy food, e.g. wholegrain roll, tortilla wraps, pitta pocket, pasta or rice salad;**
- **lean meat, fish or alternative, e.g. chicken, ham, beef, tuna, egg, beans or hummus;**
- **plenty of fruit and vegetables, e.g. and apple, Satsuma, handful of cherry tomatoes or carrot sticks, small tub of fruit salad or small box of raisins;**
- **portion of dairy, e.g. reduced fat cheese, yoghurt or fromage frais;**
- **drink of water. (Water provided in the dining room for all pupils. No other drinks are permitted.)**

A healthy lunch does not mean giving up all the foods that children enjoy. One treat in a packed lunch will be ok, e.g. a small packet of low fat or baked crisps, a chocolate biscuit or a piece of cake. It is important to focus on including foods that are nutritious and filling (e.g. cheese or ham) rather than those with less nutritional value (e.g. chocolate spread or jam).

There are some handy lunchbox inspirations to be found on the Change4Life website at:  
<https://www.nhs.uk/change4life-beta/healthier-lunchboxes#9RrEtVocQ7DMpPb8.97>